

Högni Egilsson:

# TOUCHED BY LIFE

*A MUSICAL REFLECTION*

# 21

P. 56 - 57 **NO MAN IS AN ISLAND**

**Gateway to the song:**

The English poet John Donne wrote some of the most truthful, but at the same time some of the most disturbing words ever written: No man is an island entirely unto himself.

Therefore, he also concluded: Don't ever ask for whom the bell tolls. The bell tolls for you. Thus in principle, we never walk alone, why is it then that the feelings of loneliness and isolation seem so vividly pervasive?

*(21) NO MAN IS AN ISLAND*

I have heard the words: no man is an island,  
while in the lonely crowd.  
In the empty laughs, the urgent nonsense,  
every blustering shout.  
Just no man is an island, no man is an island,  
an echo - nightmare - scream.  
Do you hear the words when seeking an island at day  
to enter your dream.

I have heard the words: no man is an island,  
from every lonely face.  
From the hungry smiles, the hearts in waiting,  
hands that yearn to embrace.  
Just no man is an island, no man is an island,  
an echo - mocking - blue.  
Do you hear the words when you feel an island unseen  
- and all there is you.

# No man is an island

Arr.:  
Eðvarð Lárusson

Words and music:  
Högni Egilsson

B<sup>b</sup> Gm F/A B<sup>b</sup> F<sup>7</sup> B<sup>b</sup> Gm E<sup>b</sup> F<sup>7</sup>

I have heard the words: no man is an is-land, while in the lone - ly crowd. In the  
I have heard the words: no man is an is-land, from eve - ry lone - ly face. From the

5 Cm<sup>7</sup> Dm F B<sup>b</sup>4 3 Cm B<sup>b</sup> F

emp - ty laughs, the urg - ent non - sense, ever - y blus - ter - ing shout. Just no  
hung - ry smiles, the hearts in wait - ing hands that yearn to em - brace. Just no

9 E<sup>b</sup> B<sup>b</sup>/D Cm<sup>7</sup> B<sup>b</sup> E<sup>b</sup> Dm

man is an is - land, no man is an is - land, an ech - o, night - mare  
man is an is - land, no man is an is - land, an ech - o, mock - ing

12 Gm F B<sup>b</sup> Gm B<sup>b</sup> F

scream. blue. Do you hear the words when seek - ing an is - land at  
Do you hear the words when you feel an is - land - un -

15 B<sup>b</sup> E<sup>b</sup> F B<sup>b</sup>

day seen - - to and en - ter there your dream.  
is you.

# 21

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